**3. EOTC- Tukanga Māori Noa**

He tauira noa te tuhinga kahurangi, panonihia kia hāngai ki ngā hiahia o ia mahi, o ia tūāhua rānei.

# Hīkoinga i te Kotahi Rā

**I mua tonu i te wehenga**

**I roto i ngā akoranga me mātua kōrero mō:**

Ngā mōhiohio mō ngā kākahu: ngā paparanga, ngā kākahu o waho me ngā papanga

Te kai me te wai: te auau o ngā kai timotimo, te matea o te inu wai, te painga o ngā kai wera me ngā inu wera, te kai karori

Ngā pūtu: te uru ki roto, te ārai me te maimoa i ngā hoipū

Te tikanga Makenu Kore

Te whakarite ara mā te tiro ki ngā horanuku whenua matua

Te whakarite ara mā te whakamahi mahere me te kāpehu

Te pēheatanga o te whakarite pīkau hīkoi

Ngā mahi mehemea ka ngaro

Hihiratia:

* Ngā kākahu me ngā hū
* He rongoā whaiaro me ngā tohutohu (te mōhio kei hea ngā mea e rua i roto i te pīkau)
* Matapae huarere
* Ngā whakatūpato ara hīkoi a Te Papa Atawhai

**Mōreareatanga matua hei aroturuki**

* Whakawhitinga awa – toromitanga
* Paemahana – hauhauaitū rānei, hauhauaitū me te tīkākā rānei
* Werohanga wāpi/pī – tauhohe mate pāwera
* Rongoā ohotata – huangō

**Tukanga Māori Noa**

* Kua matapakina, ā, kua whakaaetia te hanganga kaiārahi, kaitiaki hoki
* Kua whiwhi matapae huarere me ngā taumata awa mō ngā wāhi e tika ana
* Hihiratanga whakamutunga i mua i te wehe i ngā motokā – Kei a tātou ngā mea katoa?
* Waiho i te toipoto
* Te tere e tika ana mō te rōpū katoa
* Te tū ki ngā wāhi mōrearea e mōhiotia ana – me tika ngā whakatau e ai ki ngā pārongo kei mua i te aroaro
* Aroturukingia te toiora o ngā ākonga, tae ana ki te kai me te inu wai
* Aroturukingia te huarere
* Hihiratia te whakamahinga rongoā whaiaro inā mateatia
* Pani ārai hihirā
* Whai i te tikanga Makenu Kore

**Taputapu Haumaru**

|  |  |  |  |
| --- | --- | --- | --- |
| * Kete Whakaora Whāwhai | * Pūnaha Kimi Taunga | | * Pātara wai pupuri paemahana |
| * Mahere me ngā kāpehu | * Pīkau Haumaru (tae ana ki ngā kākahu tāpiri, kai, tāwharau, te mea, te mea) | | * Waea pūkoro, waerehe maunga rānei (hihiratia te hōkaitanga) |
| * Ramaroa Tautohu Whaiaro | * Tukanga ohotata | | * Kete oranga tonutanga |
| **Taputapu ā-takitahi** | **Taputapu ā-rōpū** | **Taputapu ā-kaiārahi** | |
| * Pūtu e tika ana * Tōkena wūru * Poraka ‘polyprop’, tarau ‘polyprop’ * Poraka ārai mātao * Pōtae wūru * Karapu * Mōhiti ārai hihirā * Koti marangai * Tarau mō runga ake (mō ngā wā tika ana) * Pani ārai hihirā * Pātara wai * Kai o te rā nui me ngā kai timotimo | * Kete whakaora whāwhai mō ia tokowaru ākonga * Kāheru iti, whēru tāpiri, patuero * Tāwharau e nanea ana mō te rōpū katoa * Tātari wai | * Waea Pūkoro, kua whakakahangia (kua weto) * Mahere o te Rohe – te rohe karapoti * Tukanga Mōrearea Ohotata, Urupare hoki * Mahere/Matapae huarere * Whāriki kohuka ārai hau | |

**Pārongo Whāiti mō te Wāhi**

**Kei te Mātārae o Whakaaro (ngā mōreareatanga me ngā tūraru o taua rā)**

Papu – he mate pāwera tōna ki ngā wero wāpi

Whakatūpato Ara Hīkoi – horo whenua ki te pari o Tame

Waiho i te toipoto i te whakawhitinga o te hiwi o Leight me te ara hīkoi o te manga o Tāmati

**Whakapātanga Whāiti mō te Wāhi**

Pokapū Rongoā o Waho Tāone 09 434 5060

Kaiwhakaako 027 744532

**Mahere Wāhi.**

Tāngia, whakapiringia rānei he mahere, he pikitia rānei o te wāhi, ā, tohua ngā āhuatanga e whai ake nei, mehemea e hāngai ana: Wāhi Kuhunga / Putanga, Wāhi Mōrearea / wāhi rāhui, wāhi whakawātea ohotata, wāhi motuhake, wāhi ka whai waea whenua / wāhi whai / kore whai hōkaitanga waea pūkoro, wāhi kuhunga/putanga ohotata / wāhi taunga toparere, wāhi tūnga waka, wharepaku, mātāpuna wai, wāhi tūtaki ohotata, wāhi mahi, mātāpuna wai inu, wāhi putunga pūkākā.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| I oti i a: |  | Rā: |  | Whakaae: |  | Rā: |  |